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**Subject:** [NOVAChorus] Sit and Stand Instructions (w/comments)  
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**To:** NOVA Chorus <NOVAChorus@yahoogroups.com>  
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I've annotated and in one case corrected the sit/stand instructions from Marsha Glover

Stand quickly and quietly - be ready to sing.  
The first two rows **MUST** remain seated during the performance.  
Craig will stand us at the beginning of the performance when the orchestra is ready.

SIT - page 46 - measure 269  
STAND - page 52 - measure 320 -

**Trick #1: Mark "STAND" on pg 51 at the bottom right hand corner or the trailing edge of measure 319 so you are not surprised when you turn the page. Use this trick on all the STAND commands.**

**Trick #2: Note which soloists are singing what - shortly before you should stand. Then look at the conductor and smile until that happens. In this case, when all 3 soloists are singing as a trio check your music which you are now holding high.**

SIT - page 65 - measure 381 (clip 65 to 79 ?)  
STAND - page 80 - measure 573 **Mark the end of measure 572, pg. 79; (bass solo)**  
SIT - page 100 - after measure 701 at the end of the section - wait till Kim stops the orchestra  
**Clip pg. 101 to 124**

We'll be sitting during the intermission and as the second half begins.

STAND - page 124 - beginning of the Sanctus  
SIT - page 156 - after measure 74 at the end of this section - wait till Kim stops the orchestra.

STAY SEATED - page 168 - measure 7 - sing these few bars while seated.  
STAND - page 172 - **measure 45.** Remain standing until the end of the performance.  
**Mark end of last measure on pg. 171**

At the end - do not lower or close your music for several seconds after the last note. Watch for Kim to "relax" signaling that the piece is over. Once he does, close your music and hold it at your side.